

## Breakfast.

(served all day)

Pancakes and maple syrup	3.00
Cinnamon Scone	1.40
Bagel with cream cheese	2.10
Bagel with butter and jam	1.80
Banana Bread	1.20
Orange and Lemon Bread	1.20
Muffin	1.40

## Hot Food.

Soup and Bread	3.15
Vegetable Quiche with side salad (v)	4.75
Feta and Spinach Pie with side salad (v)	4.75
Potato Cakes with crème fraiche, sweet chilli and side salad (v)	4.75
Bruschetta Pizza with side salad (v)	4.75

## Paninis.

1. Sweet chilli chicken and mature cheddar
2. Ham, cheddar cheese and french mustard
3. Feta, pesto and grilled peppers (v)

Panini	4.20
Panini and Soup	6.30

## Sandwiches.

1. Chicken, apricot, toasted almonds, honey mustard and fresh leaves
2. Bacon, Brie and Cranberry Relish
3. Ham, mature cheddar, honey mustard and fresh leaves
4. Roast vegetables, feta, pesto and fresh leaves (v)
5. Roast beef, caramelised onion chutney and mature cheddar

Sandwich	3.80
Sandwich and Soup	5.90

(Have your sandwich toasted for 30p extra)

## Wraps.

1. Greek Style (v) - feta, sun-dried tomatoes, cucumber and black olives
2. Mexican Style - chicken, grilled peppers, mexican salsa and sour cream
3. BLT - crispy bacon, fresh leaves, tomatoes and creamy mayo

Wrap	4.20
Wrap and Soup	6.30

(v) Suitable for vegetarians

## Coffees.

	Reg.	Lrg.
Filter Coffee	1.60	1.90
Americano	1.80	2.10
Cappuccino	2.00	2.30
Café Latte	2.00	2.30
Mochaccino	2.10	2.40
Mocha Latte	2.10	2.40
Double Espresso	1.60	
Iced Coffee	2.10	
Syrup Shot (many flavours)	0.25	

## Hot Drinks.

	Reg.	Lrg.
Steamers	2.00	2.30
Hot Chocolate marshmallows and cream	2.10	2.40
Kiddi Chocolate		1.70
Kiddi Steamer		1.60
Tea		1.60
Herbal teas		1.60

## Cold Drinks.

Fruit Juice (apple, orange & cranberry)	1.50
Water (still & sparkling)	1.30
Soft Drinks (Pepsi, Diet Pepsi, Club Orange, 7up)	1.30
Milk	1.20
Iced Tea	1.60
Innocent Smoothie	2.30
Innocent Juicy Water	1.80

## Snacks.

Nachos with cheese, salsa, jalapeño peppers and sour cream	3.15
Macho Nachos	5.25

## Desserts.

Carrot Cake	3.15
Chocolate Cake	3.15
Caramel Squares	1.60
Crispy Squares	1.60
Malteaser Square	1.60
Cookie	1.40
Brownie & Cream	1.80

Warning. Many of our items contain nuts, and due to the presence of nuts in the kitchen there may be traces of nuts in other products.

We make every effort to get as much of our produce as possible from Fair Trade sources.

All our coffee is fairly traded, providing a decent wage for every soul involved in bringing you your beloved cup of steaming goodness.

All profits made by Common Grounds are given to our charity of the moment.